# Contents

Preface • xiii

#### Scope of Cannabis Nursing Practice • 1

Definitions, Guiding Principles, Core Values, and Practice Settings 5 Definitions of Key Terms 5 Cannabinoid(s) 5 Cannabis 5 Cannabinoid Therapeutics 6 Cannabis Care Nurse 6 Cannabis Nursing 6 Endocannabinoid Deficiency 7 Endocannabinoid System (ECS) 7 Endocannabinoid Tone 7 Entourage Effect 7 Flavonoids 8 Hemp 8 Marijuana 8 Medical Marijuana Program (MMP) 9 Recommendation of Cannabis 9 Terpenes/Terpenoids 9 Therapeutic Use of Cannabis 9 Guiding Philosophical Core Values and Ethical Principles of Cannabis Nursing 9 Core Values of Cannabis Nurses 10 Evidenced-Based Practice 10 Application of Caring and Social Justice-Based Ethics 11 Cannabis Health Care Consumer-Centered Care 11 Interprofessional Health Care Teamwork 12 Holistic Practice 12 Self-Care 12 Ethical Principles for Cannabis Nurses 13

Highly Diverse Health Care: Cannabis Nurses Thrive in Professional Practice Settings 13 Cannabis as a Medicine 14 Cannabis Prohibition 15 United States Public Support of Cannabis 16 Legalization of Cannabis in the United States 17 Qualifying Conditions 19 Regulatory Concerns 19 Consequences of the War on Drugs 21 Incarceration 22 Evidence for Guided Practice 24 Summary of Findings: NASEM 2017 Report 25 Inequity 26 Summary of Findings: Cannabis: A Handbook for Nurses: Chapter 5 26 Summary of Findings: NCSBN National Nursing Guidelines for Medical Marijuana 27 Cannabis Use Disorder 28 Medical Cannabis Use and Employment 30 Drug Screenings 31 Occupational-Related Policies 31 US Military 32 US Department of Transportation 32 Driving Under the Influence 33 Nursing Students 33 Nursing Professionals 33 Nurses as Cannabis Health Care Consumers 34 NCSBN's Recommendations for Boards of Nursing 35 Educational Programs and Resources for Cannabis Nurses 35 University Degrees and College-Based Training Programs 36 The University of Maryland, Baltimore (UMB) 37 Pacific College of Health and Science (PCHS) 37 Thomas Jefferson University (TJU) 37 John Patrick University of Health and Human Services (JPUHHS) 38 Medical Cannabis Certificate Programs, Continuing Education, and Contact Hours 38

Education Resources and Current Textbooks for Cannabis Nurses 39 Summary of Research Journals Dedicated to the Therapeutic Use of Cannabis 42 Professional Associations for Cannabis Health Care Providers 47 Nurses Evolve into Advocates for Cannabis Health Care Consumers 47 Establishment of Formal Guidelines for Cannabis Nurses 48 Development of Standards of Practice and Professional Performance for Cannabis Nurses 50

#### Standards of Practice for Cannabis Nurses (2023) • 53

Standard 1: Assessment 53 Standard 2: Diagnosis 56 Standard 3: Outcomes Identification 58 Standard 4: Planning 59 Standard 5: Implementation 62 Standard 5A: Coordination of Care 64 Standard 5B: Health Teaching and Health Promotion 66 Standard 6: Evaluation 67

## Standards of Professional Performance • 71

Standard 7: Ethics 71 Standard 8: Advocacy 73 Standard 9: Respectful and Equitable Practice 75 Standard 10: Communication 77 Standard 11: Collaboration 79 Standard 12: Leadership 80 Standard 13: Education 82 Standard 14: Scholarly Inquiry 83 Standard 15: Quality of Practice 85 Standard 16: Professional Practice Evaluation 87 Standard 17: Resource Stewardship 88 Standard 18: Environmental Health 90

### Conclusion • 93

References • 95

Glossary • 103

Appendix A—NASEM Findings • 111

Index • 115